

# TRU CAREER MENTORING

*Helping transition students from campus to career*

## Invitation to Alumni & Friends

*Help students know now what you wanted to know then!*

### Purpose of the Mentor Program

- ◆ Link student education and prospective careers
- ◆ Illustrate the power of networking

### Why Volunteer?

- ◆ **BUILD** your network
- ◆ **SHARE** your career path
- ◆ **IMPACT** student career growth
- ◆ **CONNECT** with TRU campus
- ◆ **ENHANCE** your leadership & coaching skills

### Volunteer Options:

#### Networking 411

- ◆ Mimics “speed dating” format
- ◆ Meet with 4-5 small groups of TRU students over 90 minutes
- ◆ Answer student career questions and share personal career path experiences

#### Mentor Connections: 1-on-1 Pairing

- ◆ Based on your registration information, you are paired 1-on-1 with a TRU student
- ◆ Meet your student at our pairing reception
- ◆ Subsequent meetings are at the discretion of the pairing
- ◆ Between November and April, offer tips and advice specific to your student’s needs

#### Career: TALCC Series (Timely Advice Linking Campus and Career)

- ◆ Series of program specific panel discussions
- ◆ 1 hour career information sessions
- ◆ Help students better understand their career

### For more information, please contact:

Arlene Olynyk  
250.828.5498  
G321

[careermentoring@tru.ca](mailto:careermentoring@tru.ca)

Susan Forseille  
250.371.5547  
OM1735

[sforseille@tru.ca](mailto:sforseille@tru.ca)