

Adventure Studies Department

**STUDENT INFORMATION FORM and OUTDOOR EXPIERENCE LOG SHEETS**

**Please send to:**

**Thompson Rivers University – Adventure Studies, OM1251**

**805 TRU Way, Kamloops, British Columbia, Canada, V2C 0C8**

**OR**

**PDF files ONLY to adventure@tru.ca**

**A. PERSONAL INFORMATION FORM**

1. **NAME**

Last First Middle

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Cell Phone Home Phone Email

1. **AGE ON SEPTEMBER 1, 2025 -** \_\_\_\_\_ **DATE OF BIRTH** (month/day/year) - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. **PROGRAM INFORMATION SESSION ATTENDED: YES NO**

DATELOCATION

1. **HOW DID YOU HEAR ABOUT THE ADVENTURE GUIDE PROGRAM (circle all that apply)?**

FRIEND/ FAMILY INDUSTRY PARTNER WEBSITE SOCIAL MEDIA

1. **WILL YOU BE FURTHERING YOUR EDUCATION BY COMPLETING THE:**

**ADVENTURE GUIDE DIPLOMA - YES NO**

**BACHELOR DEGREE- YES NO**



ADVENTURE STUDIES DEPARTMENT

**B. EMPLOYMENT HISTORY**

**1. FORMER EMPLOYERS (list last two)**

(Include name of person who supervised you)

**Dates Name & Address of Employer Position Held**

May we contact the employers/supervisors above? Yes / No

1. **EMPLOYMENT RESUMÉ.** Please attach an employment resumé.

* List your work experience chronologically, starting with the most recent employment.
* List your responsibilities and duties.

**C. PRACTICAL TECHNICAL EXPERIENCE**

**1. Previous Adventure Activity Instruction Taken**

ORGANIZATION/SCHOOL TYPE OF COURSE LENGTH OF COURSE YEAR LOCATION

**2. Outdoor Experience and Adventure Activity Training,** on the following pages please describe your technical experience.

**OUTDOOR EXPERIENCE LOG SHEETS**

Please list your outdoor experiences under the appropriate discipline heading. Please define your role as: **Leader, Co-Leader, Assistant or Member.** Indicate difficulty by **Alpha/numeric designation where appropriate.** Otherwise use the terms: **Difficult, Moderate, Easy.** Please specify the type of climber/boater/skier using the terms: **Advanced, Intermediate, Beginner.** If you run out of room on one section, there is extra room on the back sheet. Remember to indicate the discipline you are listing.

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| **WHITEWATER KAYAKING & CANOEING** | | | | | | | | | | | | | |
| **Kayak or Canoe** | |  | **# of days**  **# of years** | |  | **Certification:** |  | | **Class of Boater:** | | **Kayak: Canoe:** | | |
| **K or C?** | **DATE** | | | **LOCATION** | | | | **ROUTE** | | **LENGTH** | | **DIFFICULTY** | **ROLE** |
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| **SWIFTWATER RESCUE TRAINING** | | | | | | | |
|  |  | **# of**  **Days:** |  | **Certification:** |  | **Type :** |  |

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| **SEA KAYAKING & CANOE TRIPPING** | | | | | | | | | | |
| **# of Years:** | |  | **# of Days:** | |  | **Certification:** | **# of Years:** |  | **# of Days:** | |
| **SK or C?** | **DATE** | | | **LOCATION** | | | **ROUTE** | **LENGTH** | **DIFFICULTY** | **ROLE** |
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| **ROCK CLIMBING** | | | | | | | | | | | | | | | | | | | | | | |
| **# of Years:** | | | |  | | **# of Days:** | | | |  | | **Certification:** | |  | | | **Lead climbing grade:** | | **Sport grade: Trad grade:** | | | |
| **Sport or Trad** | | **DATE** | | | | | | **LOCATION** | | | | | | | | **ROUTE** | | **LENGTH** | | | **DIFFICULTY** | **ROLE**  **Lead or 2nd** |
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| **ICE CLIMBING** | | | | | | | | | | | | | | | | | | | | | | |
| **# of Years:** | | |  | | **# of Days:** | | | |  | | **Certification:** | |  | | | | **Lead climbing grade** | | |  | | |
|  | **DATE** | | | | | | **LOCATION** | | | | | | | | **ROUTE** | | | **LENGTH** | | | **DIFFICULTY** | **ROLE**  **Lead or 2nd** |
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| **AVALANCHE TRAINING** | | | | | | |
|  | **# of**  **Days:** |  | **Certification:** |  | **Type of**  **Skier** |  |

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| **MOUNTAINEERING** | | | | | | | | | | | | | |
| **# of Years:** | |  | **# of Days:** | |  |  |  | | **Class of Climber:** | |  | | |
|  | **DATE** | | | **LOCATION** | | | | **ROUTE** | | **LENGTH** | | **DIFFICULTY** | **ROLE** |
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| **SKI or SPLITBOARD TOURING** | | | | | | | | | | | | | |
| **# of Years:** | |  | **# of Days:** | |  |  |  | | **Riding Ability** | | **Beginner Intermediate Advanced Expert** | | |
|  | **DATE** | | | **LOCATION** | | | | **ROUTE** | | **LENGTH** | | **DIFFICULTY** | **ROLE** |
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| **ALPINE SKIING, SNOWBOARDING, TELEMARK SKIING** | | | | | | | |
| **# of**  **Years:** |  | **# of**  **Days:** |  | **Certification:** |  | **Type of**  **Skier** |  |

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| **HIKING** | | | | | | | | | | |
| **# of Years:** | |  | **# of Days:** | |  | **Certification:** |  |  |  | |
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| **FIRST AID TRAINING** | | | | | | | |
| **CPR:** | **Y/N** | **# of**  **Days/hrs:** |  | **Certifications:** |  |  |  |

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| **SURFING, MOUNTAIN BIKING, CROSSCOUNTRY SKIING, SCUBA, RAFTING, OTHER** | | | | | | |
| **Type**  **Su MB XC Sc R** | **DATE** | **LOCATION** | **ROUTE** | **LENGTH** | **DIFFICULTY** | **ROLE** |
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| **OTHER ADVENTURE SPORTS/ ACTIVITIES INFORMATION** | | | | | | |
|  | **DATE** | **LOCATION** | **ACTIVITY / ROUTE** | **LENGTH** | **DIFFICULTY** | **ROLE** |
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