

Short-Term Programs for International Students | 2023

KAMLOOPS, BC, CANADA

Live it
Learn it
Speak it!

TRU



THOMPSON
RIVERS
UNIVERSITY

Hello!



WHO ARE THESE PROGRAMS FOR?

Thompson Rivers University offers many short-term, non-credit programs throughout the year for international students. Students participate in exciting, uniquely Canadian activities with a diverse group of students from around the world.

1» Meet students from around the world

Join fellow international students and experience beautiful British Columbia and life at TRU. Embark on a true adventure with new friends while learning about intercultural communication, global citizenship, STEM, sustainability, leadership and more.

2» Kamloops: the Tournament Capital of Canada

Kamloops is a modern, safe, and comfortable city in the interior of BC. The vibrant city of about 100,000 people is set in a spectacular semi-arid desert and gets over 2,000 hours of sunshine every year. With 13 golf courses, over 200 lakes within a one-hour drive, the world-famous Sun Peaks Ski Resort 45 minutes away and Vancouver a three-hour drive away, you will be sure to find a new and exciting adventure here!

3» Choose your own adventure in BC

British Columbia is Canada's third largest province and covers a vast landscape. From the beautiful ocean views of the Lower Mainland, to the mountainous regions of eastern BC, to the semi-arid desert of the Thompson-Okanagan, you will enjoy this beautiful province.

**Live it.
Learn it.
Speak it.**



SHORT-TERM SUMMER PROGRAMMING

**Language assessment to take place at start of program*

Language and Culture*

- Intercultural communication
- Language training
- Canadian culture and activity preparation
- Choose one specialized elective:
 - Applied English
 - Global Citizenship
 - Healthy Choices
 - Leadership
 - STEM Skills
 - Study Skills
 - Sustainability
 - Workplace English

Global Citizenship*

- Intercultural communication
- Sustainability
- Global Citizenship
- Presentation Skills
- Canadian culture and activity preparation

Language and Culture Soccer Camp 2023*

- Strength and endurance training
- Soccer skills training from industry professionals
- Health and nutrition training
- Intercultural communication
- Language training
- International soccer tournament

Online Language and Culture*

- Intercultural communication
- Language training
- Canadian culture
- Virtual cultural activities
- One-to-one sessions
- Conversation café

PROGRAM ACTIVITIES

Exciting adventures our students have taken with us:

- Curling
- Gold panning
- Hiking
- Ice skating
- Indigenous artwork
- Indoor rock climbing
- Kayaking
- Orchard visits
- Skiing/snowboarding
- Sleigh rides
- Tubing
- Waterfalls and nature visits

truworld.ca/itc



SAMPLE SCHEDULES

Activities vary depending on the time of year.

TRU is closed during Canadian statutory holidays so no classes or activities will occur on these days.

LANGUAGE AND CULTURE

A sample of a four-week Language and Culture program. The three-week programs have a similar schedule, but one week shorter.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Welcome Reception 9 – 10 a.m. Orientation 10 – 11:30 a.m. Elective Selection 12:30 – 1:30 p.m. Campus Tour 1:30 – 3 p.m.	Intercultural Communications Workshop 9 a.m. – noon Downtown City Tour 1 – 4 p.m.	Intercultural Communications Workshop 9 a.m. – noon Orientation to Kamloops 1 – 3 p.m.	Language Studies 9 a.m. – noon Elective 1 – 4 p.m.	Language Studies 9 a.m. – noon Language Studies 1 – 3 p.m.
Full day Cultural Activity 8:30 a.m. – 5 p.m.	Elective 9 a.m. – noon Language Studies 1 – 3 p.m.	Language Studies 9 a.m. – noon Language Studies 1 – 3 p.m.	Elective 9 a.m. – noon Language Studies 1 – 3 p.m. Cultural Activity 6 – 9:30 p.m.	Language Studies 9 a.m. – noon Language Studies 1 – 3 p.m.
Language Studies 9 a.m. – noon Cultural Activity 1 – 3 p.m.	Elective 9 a.m. – noon Language Studies 1 – 3 p.m.	Language Studies 9 a.m. – noon Cultural Activity 1 – 3 p.m.	Elective 9 a.m. – noon Language Studies 1 – 3 p.m.	Language Studies 9 a.m. – noon Afternoon Free
Language Studies 9 a.m. – noon Cultural Activity 1 – 3 p.m.	Elective 9 a.m. – noon Language Studies 1 – 3 p.m.	Full day Cultural Activity 8:30 a.m. – 5 p.m.	Language Studies 9 a.m. – noon Language Studies 1 – 3 p.m.	Language Studies 9 a.m. – noon Closing Ceremony 1 – 3 p.m.

GLOBAL CITIZEN

A sample of a three-week Global Citizen program.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Opening Ceremony 9 – 9:30 a.m. ISA-led Orientation 9:30 – 11 a.m. Campus Tour 11 a.m. – noon Downtown City Tour 1 – 4 p.m.	Intercultural Competency 9 a.m. – noon Cultural Activity 1 – 4 p.m.	Global Citizenship 9 a.m. – noon Presentation Skills 1 – 3 p.m.	Intercultural Competency 9 a.m. – noon Cultural Activity 1 – 4 p.m.	Global Citizenship 9 a.m. – noon Intercultural Competency 1 – 3 p.m.
Global Citizenship 9 a.m. – noon Intercultural Competency 1 – 3 p.m.	Full day Cultural Activity 8:30 a.m. – 5 pm	Global Citizenship 9 a.m. – noon Presentation Skills 1 – 3 p.m.	Intercultural Competency 9 a.m. – noon Cultural Activity 1 – 3 p.m.	Global Citizenship 9 a.m. – noon Intercultural Competency 1 – 3 p.m.
Global Citizenship 9 a.m. – noon Presentation Skills 1 – 3 p.m.	Intercultural Competency 9 a.m. – noon Cultural Activity 1 – 3 p.m.	Global Citizenship 9 a.m. – noon Presentation Skills 1 – 3 p.m.	Intercultural Competency 9 a.m. – noon Cultural Activity 1 – 3 p.m.	Global Citizenship 9 a.m. – noon Intercultural Competency 1 – 2 p.m. Closing Ceremony 2 – 3 p.m.



PROGRAM DESCRIPTIONS

Our open programs are an exciting opportunity to explore BC, meet people from around the world and work on your language skills. No matter your language level or area of interest, there is something for you at TRU.

Winter Language and Culture program

February 13 – March 3, 2023 | \$3,075

This program has all the components of our summer open programs, but with a winter spin. Embrace a true Canadian experience by visiting Kamloops in the winter and participate in traditional winter activities such as skiing, curling, sleigh rides and snowshoeing. In between spending your time outdoors, you will participate in language classes and study different cultural theories and strategies for communicating.

Online Language and Culture programs

February 13 – March 3, 2023 | \$1,395

July 11 – 29, 2023 | \$1,395

August 8 – 26, 2023 | \$1,395

A great option for students interested in meeting new people and improving their intercultural communication skills but cannot travel. The Online Language and Culture program allows you to immerse yourself virtually in elements of Canadian culture, explore aspects of intercultural communication, participate in an elective and experience an individualized learning experience through one-to-one sessions with your instructor.

Language and Culture Soccer Camp

June 26 – July 14, 2023 | \$3,155

NEW

Take your soccer skills to the next level and meet other players from around the world. Participate in soccer skills training, language studies, strength training and cultural activities. Learn from TRU's varsity soccer team, the WolfPack, and improve your knowledge of health and nutrition from industry experts. You will have the chance to participate in a tournament at the end of the program.



Language and Culture programs

July 5 – 28, 2023 | \$3,450

August 9 – 25, 2023 | \$3,075

Choose an elective, attend an orientation and a TRU campus tour. Participate in Intercultural Communications classes where you will learn about different cultural theories and strategies for communicating. During these lessons you will be assessed and assigned to a class that matches your language level. From there, you will typically start your days with either Language Studies or your elective of choice and then participate in one of our many exciting cultural activities!

Global Citizenship

August 9 – 25, 2023 | \$3,075

In our ever-changing world, it's more important than ever to have a good understanding of how to participate in change and promote cultural understanding. Regardless of your career path, the knowledge and skills you will gain in these interesting courses will serve you well for the rest of your life.

3-week Enhanced Language and Culture Transition program

August 9 – 25, 2023 | \$2,575

We have added additional sessions to our three-week Language and Culture program to meet the needs of international students starting academic programs in September. Topics includes:

- Enhanced Language Studies
- Enhanced Study Skills

Reduced rates are offered to students enrolled in a TRU academic program.

CUSTOMIZED PROGRAM OPTIONS

We create customized programming to meet your needs. Some examples of previous programs include:

- English and Golf
- English and Skiing
- English and the Environment
- Business English and Canadian Culture
- Language and Music
- Language and Culinary Arts
- Customized teacher training

Contact globaltraining@tru.ca for more details on these programs or to request a customized program for your organization.

APPLICATION DEADLINES

» FEBRUARY PROGRAMS

January 13, 2023

» LANGUAGE AND CULTURE SOCCER CAMP

May 26, 2023

» JULY PROGRAMS

June 2, 2023

» AUGUST PROGRAMS

July 7, 2023

HOMESTAY

Live with a Canadian family.

Managed by TRU World Staff, TRU's Homestay Program is a great way to experience Canadian culture and practice English by living with local families or individuals. More than 450 carefully selected Canadian homestay providers are in this program. Students get a private, furnished bedroom, three meals a day (and snacks) and a chance to live as part of a Canadian family while sharing their own culture.

HOUSING

During the summer, housing options at one of our TRU Residence buildings may be available. These rooms fill up quickly so apply early to secure your spot.

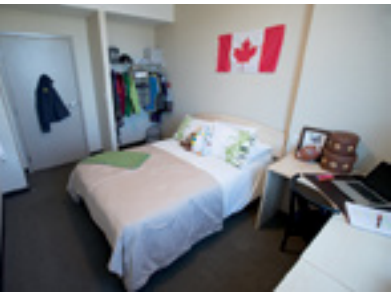
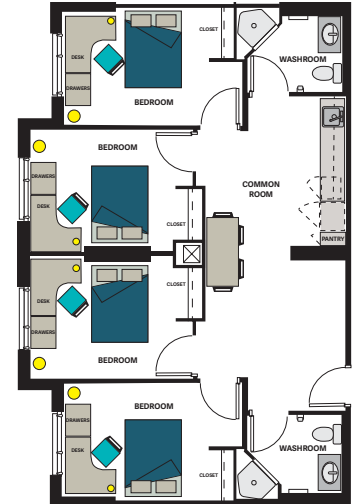
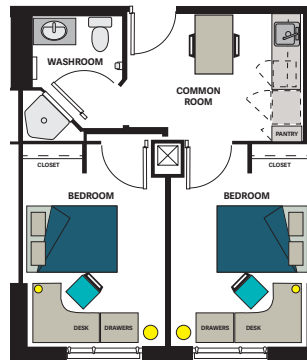
For more information about on-campus housing, visit tru.ca/housing

North Tower (On Campus)

Enjoy one of the best views in the city at the 11-storey North Tower. Access premium amenities such as a cardio room, dance studio, patio with large BBQ, games room and regular social activities.



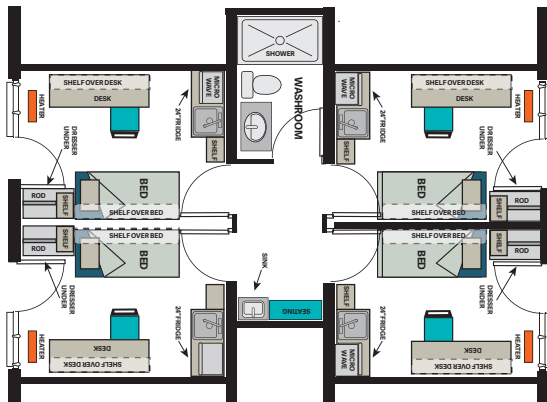
North Tower Floor Plans:
2- and 4-bedroom suites

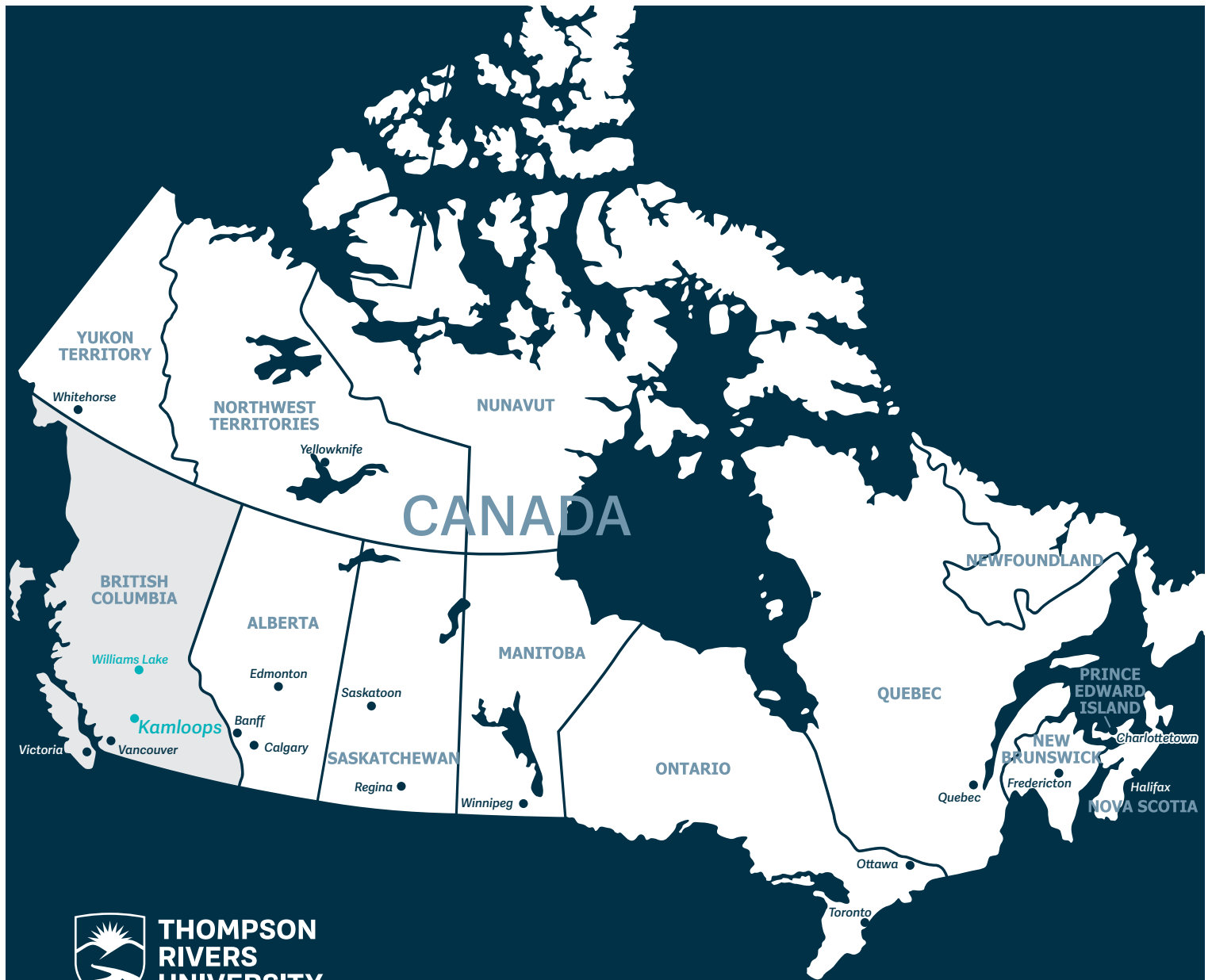


McGill Residence (On Campus)

This community is ideal for students looking for an active, close-knit, communal experience. The newly renovated McGill Residence has amenities that include laundry, games room, kitchen and study room.

McGill Residence Floor Plan: 4-bedroom quad





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